

Prova 31 Femin., 400m Estilos Open
26/01/2025 - 15:45 Resultados

Rec Nac Adaptada S14	59:00.00	start				01/01/1800
Rec Nac Adaptada S15	6:57.39	Susana Maria Lourenco	SCP	S. Antonio Cavaleiros		21/02/2016
Rec Nac Adaptada S17	59:00.00	start				01/01/1800
Rec Nac Adaptada S21	7:49.02	Matilde Lucia Gaspar	APCC	Crawley (GBR)		16/11/2024

Lugar Idade Tempo final
S21-Seniores

1. Filipa Sa Reis		24	Feira Viva		8:18.64
50m: 56.43	56.43	150m: 3:05.30	1:02.14	250m: 5:14.85	1:08.15
100m: 2:03.16	1:06.73	200m: 4:06.70	1:01.40	300m: 6:24.00	1:09.15
				350m: 7:22.72	58.72
				400m: 8:18.64	55.92