

X Trofeu das Fogaceiras  
Santa Maria da Feira, 26/1/2025

Prova 26 Masc., 1500m Livres Open  
26/01/2025 - 12:58 Resultados

Rec Nac Adaptada S14	18:46.22	Samuel Lima Duarte	SANCNP	Quarteira	10/02/2024
Rec Nac Adaptada S15	17:24.21	Miguel Duarte Cruz	CFB	Tomar	15/12/2024
Rec Nac Adaptada S17	19:41.74	Joaquim Eduardo Carvalho	CNF	Funchal	22/11/2024
Rec Nac Adaptada S21	22:59.02	Francisco Pessanha Montes	SANNP	Quarteira	10/02/2024

Lugar Idade Tempo final  
S21

1. Francisco Pessanha Montes		22	ADADA Porto		<b>24:15.33</b>		
50m:	42.76 42.76	450m:	7:09.21 48.87	850m:	13:43.49 49.26	1250m:	20:15.93 48.91
100m:	1:28.97 46.21	500m:	7:57.24 48.03	900m:	14:32.91 49.42	1300m:	21:04.77 48.84
150m:	2:17.56 48.59	550m:	8:47.28 50.04	950m:	15:23.06 50.15	1350m:	21:53.87 49.10
200m:	3:06.22 48.66	600m:	9:36.59 49.31	1000m:	16:11.82 48.76	1400m:	22:42.37 48.50
250m:	3:54.12 47.90	650m:	10:25.79 49.20	1050m:	17:00.50 48.68	1450m:	23:32.28 49.91
300m:	4:42.91 48.79	700m:	11:15.08 49.29	1100m:	17:49.06 48.56	1500m:	24:15.33 43.05
350m:	5:31.77 48.86	750m:	12:04.46 49.38	1150m:	18:37.44 48.38		
400m:	6:20.34 48.57	800m:	12:54.23 49.77	1200m:	19:27.02 49.58		
2. Diogo Lopes Gomes		28	Feira Viva		<b>25:21.34</b>		
50m:	41.86 41.86	450m:	7:29.93 51.08	850m:	14:21.26 51.97	1250m:	21:12.43 51.34
100m:	1:30.36 48.50	500m:	8:21.55 51.62	900m:	15:12.52 51.26	1300m:	22:03.95 51.52
150m:	2:22.39 52.03	550m:	9:12.70 51.15	950m:	16:04.05 51.53	1350m:	22:53.84 49.89
200m:	3:13.61 51.22	600m:	10:04.03 51.33	1000m:	16:56.10 52.05	1400m:	23:44.49 50.65
250m:	4:04.75 51.14	650m:	10:53.72 49.69	1050m:	17:47.86 51.76	1450m:	24:34.77 50.28
300m:	4:55.84 51.09	700m:	11:45.87 52.15	1100m:	18:37.70 49.84	1500m:	25:21.34 46.57
350m:	5:47.30 51.46	750m:	12:37.41 51.54	1150m:	19:29.07 51.37		
400m:	6:38.85 51.55	800m:	13:29.29 51.88	1200m:	20:21.09 52.02		