

Prova 29	Femin., 400m Livres				Absoluto
12/03/2023 - 9:30					Resultados
Rec Nac Adaptada S6	12:22.02	BARBOSA, Ana Sofia	FCP	Recarei	27/02/2022
Rec Nac Adaptada S7	10:06.61	SAMPAIO, Ana Branca	ADADA	Mealhada	15/04/2018
Rec Nac Adaptada S8	5:33.79	CASTRO, Ana Filipa	FVCD	Abrantes	02/07/2022
Rec Nac Adaptada S9	4:52.97	VEIGA, Susana Pereira	CNCVG	Leiria	10/12/2022
Rec Nac Adaptada S10	5:25.56	NEVES, Teresa Lamego	SCP	Lisboa	16/11/2014
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59:00.00	, start			
Rec Nac Adaptada S14	6:01.88	RESENDE, Sonia Castanheiro	SCA	Mealhada	19/02/2017
Rec Nac Adaptada S15	6:04.92	ALMEIDA, Eunice Evora	CNA	Lisboa	18/10/2015
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	7:09.95	REIS, Filipa Sa	FVCD	Recarei	22/05/2022

Lugar	Nome do nadador	Ano	Classes	Clube	Tempo final	pts
S8						
1.	CASTRO, Ana Filipa	97	S8	Feira Viva	5:46.08	12,00
	50m: 40.45 40.45	150m: 2:08.23	43.81	250m: 3:35.95	43.92	350m: 5:03.62 43.73
	100m: 1:24.42 43.97	200m: 2:52.03	43.80	300m: 4:19.89	43.94	400m: 5:46.08 42.46

S14						
1.	SOARES, Maria Mafalda	02	S14	ADADA Porto	6:53.25	12,00
	50m: 46.54 46.54	150m: 2:32.67	54.47	250m: 4:18.98	52.79	350m: 6:04.50 52.21
	100m: 1:38.20 51.66	200m: 3:26.19	53.52	300m: 5:12.29	53.31	400m: 6:53.25 48.75

S21						
1.	REIS, Filipa Sa	00	S21	Feira Viva	7:13.43	12,00
	50m: 48.13 48.13	150m: 2:34.82	53.68	250m: 4:24.51	54.71	350m: 6:14.95 54.50
	100m: 1:41.14 53.01	200m: 3:29.80	54.98	300m: 5:20.45	55.94	400m: 7:13.43 58.48

S113						
DNS	NEVES, Camila Anjos	01	S99 S113	Alhandra		-