

Prova 14	Masc., 400m Estilos				Absoluto
02/05/2021 - 9:40					Resultados
Rec Nac 25m Absoluto	4:06.83	CARVALHO, Diogo Filipe	POR	Istambul (TUR)	11/12/2009
Rec Nac 25m Sen	4:06.83	CARVALHO, Diogo Filipe	POR	Istambul (TUR)	11/12/2009
Rec Nac 25m Jun A	4:11.20	VITAL, Joao Alexandre	SCP	Porto	11/12/2015
Rec Nac 25m Jun B	4:21.93	VITAL, Joao Alexandre	ADRCIMM	Porto	19/12/2014
Rec Nac 25m Juv A	4:25.04	VITAL, Joao Alexandre	ADRCIMM	Tomar	13/12/2013
Rec Nac 25m Juv B	4:35.02	CARVALHO, Diogo Filipe	CGA	Braga	21/03/2003
Rec Nac 25m Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Rec Nac 25m Inf B	4:49.65	RUIVO, Andre Vilas	DNMG	S. Ant�nio Cavaleiros	15/03/2013
Recordes Reg ANCNP 25m Absoluto	4:06.83	CARVALHO, Diogo Filipe	CGA	Istambul (TUR)	11/12/2009
Recordes Reg ANCNP 25m Sen	4:06.83	CARVALHO, Diogo Filipe	CGA	Istambul (TUR)	11/12/2009
Recordes Reg ANCNP 25m Jun A	4:30.40	MOURA, Andre Magalhaes	AVFC	Porto	11/12/2005
Recordes Reg ANCNP 25m Jun B	4:26.05	CARVALHO, Diogo Filipe	ANCNP	Cantanhede	20/12/2004
Recordes Reg ANCNP 25m Juv A	4:28.27	CARVALHO, Diogo Filipe	CGA	Penafiel	19/03/2004
Recordes Reg ANCNP 25m Juv B	4:35.02	CARVALHO, Diogo Filipe	CGA	Braga	21/03/2003
Recordes Reg ANCNP 25m Inf A	4:55.65	JORGE, Duarte Miguel	CGA	Vila Praia de �ncora	27/03/2015
Recordes Reg ANCNP 25m Inf B	5:11.19	GABRIEL, Jos� Luis	AVFC	Cantanhede	06/03/2009
Rec Nac Adaptada S21	6:27.22	VAZ, Joao Francisco	SCP	Gafanha de Nazar�	25/04/2021
Rec Nac Adaptada S14	6:18.20	RIBEIRO, Pedro Miguel	CPN	Santa Maria da Feira	14/01/2018

Pontos: FINA 2020

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	pts	FINA	Obs
Juvenis B									
1.	CAMPOS, Ricardo Lima	M	209771	06	Sanjoanense/FEPSA	5:16.75	407	407	
	50m: 33.00		150m: 1:53.13		41.41	250m: 3:17.83	44.10	350m: 4:39.79	37.45
	100m: 1:11.72		200m: 2:33.73		40.60	300m: 4:02.34	44.51	400m: 5:16.75	36.96
2.	PIRES, Gustavo Teixeira	M	131238	06	Columbofila Cantanhedense	5:22.36	386	386	
	50m: 33.97		150m: 1:55.29		42.90	250m: 3:22.31	45.60	350m: 4:46.56	38.54
	100m: 1:12.39		200m: 2:36.71		41.42	300m: 4:08.02	45.71	400m: 5:22.36	35.80
3.	GASPAR, Miguel Cunha	M	131756	06	Columbofila Cantanhedense	5:25.00	377	377	
	50m: 34.67		150m: 1:58.27		41.51	250m: 3:23.89	45.70	350m: 4:48.39	37.38
	100m: 1:16.76		200m: 2:38.19		39.92	300m: 4:11.01	47.12	400m: 5:25.00	36.61

Juvenis A

1.	PAIVA, Ruben Ferreira	M	200075	05	Sanjoanense/FEPSA	4:57.49	491	491	
	50m: 31.58		150m: 1:45.96		38.47	250m: 3:05.68	42.18	350m: 4:23.53	34.89
	100m: 1:07.49		200m: 2:23.50		37.54	300m: 3:48.64	42.96	400m: 4:57.49	33.96
2.	MOUTELA, Dinis Amorim	M	132169	05	Clube Desportivo Estarreja	5:02.86	466	466	
	50m: 31.09		150m: 1:45.40		39.16	250m: 3:07.37	43.40	350m: 4:28.16	36.38
	100m: 1:06.24		200m: 2:23.97		38.57	300m: 3:51.78	44.41	400m: 5:02.86	34.70
3.	PIRES, Andre Branco	M	124757	05	Academico Viseu Futebol Clube	5:07.76	444	444	
	50m: 31.81		150m: 1:49.42		41.13	250m: 3:11.09	41.81	350m: 4:31.51	38.00
	100m: 1:08.29		200m: 2:29.28		39.86	300m: 3:53.51	42.42	400m: 5:07.76	36.25
4.	CARDOSO, Guilherme Maia	M	129393	05	Columbofila Cantanhedense	5:08.47	441	441	
	50m: 32.64		150m: 1:49.93		39.74	250m: 3:15.34	46.09	350m: 4:35.78	34.11
	100m: 1:10.19		200m: 2:29.25		39.32	300m: 4:01.67	46.33	400m: 5:08.47	32.69
5.	MARQUES, Rodrigo Miguel	M	127744	05	CLIP Teams	5:52.26	296	296	
	50m: 34.08		150m: 2:01.73		48.06	250m: 3:40.33	53.11	350m: 5:13.93	41.66
	100m: 1:13.67		200m: 2:47.22		45.49	300m: 4:32.27	51.94	400m: 5:52.26	38.33