

Prova 5	Femin., 200m Bruços				Absoluto
15/06/2019 - 16:50					Resultados
Rec Nac 25m Absoluto	2:23.46	PEREIRA, Raquel Gomes	SAD	Porto	09/12/2017
Rec Nac 25m Sen	2:23.46	PEREIRA, Raquel Gomes	SAD	Porto	09/12/2017
Rec Nac 25m Jun17	2:26.47	PEREIRA, Raquel Gomes	SAD	Funchal	10/12/2016
Rec Nac 25m Jun16	2:26.87	PEREIRA, Raquel Gomes	SAD	Porto	11/12/2015
Rec Nac 25m Juv A	2:32.36	GOMES, Diana Duarte	ABVE	Alcobaça	07/02/2004
Rec Nac 25m Juv B	2:34.51	GOMES, Diana Duarte	ABVE	Reboleira	28/06/2003
Rec Nac 25m Inf A	2:36.86	PEREIRA, Clara Gomes	SAD	Algés	06/06/2015
Rec Nac 25m Inf B	2:45.30	PEREIRA, Clara Gomes	SAD	Algés	14/06/2014
Recordes Reg ANCNP 25m Absoluto	2:29.41	RODRIGUES, Ana Pinho	AEJ	Netanya (ISR)	06/12/2015
Recordes Reg ANCNP 25m Sen	2:29.41	RODRIGUES, Ana Pinho	AEJ	Netanya (ISR)	06/01/2015
Recordes Reg ANCNP 25m Jun17	2:33.37	RODRIGUES, Ana Pinho	AEJ	Guarda	10/12/2010
Recordes Reg ANCNP 25m Jun16	2:29.97	RODRIGUES, Ana Pinho	AEJ	Ponte de Sôr	12/12/2009
Recordes Reg ANCNP 25m Juv A	2:40.63	PINA, Ana Sofia	CACRCCD	Mealhada	20/05/2017
Recordes Reg ANCNP 25m Juv B	2:41.48	RODRIGUES, Ana Pinho	AEJ	Viseu	01/12/2007
Recordes Reg ANCNP 25m Inf A	2:49.70	SILVA, Patricia	SCE	Mealhada	18/06/2006
Recordes Reg ANCNP 25m Inf B	2:57.96	RODRIGUES, Ana Pinho	AEJ	Mealhada	18/06/2006

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINAPts	Obs
<b>Infantis B</b>							
1.	NUNES, Noa Pinho	F	201626 07	Sporting Clube de Aveiro	<b>3:09.82</b>	356	
	50m: 43.13 43.13	100m: 1:31.25		48.12 150m: 2:21.66	50.41 200m: 3:09.82		48.16
2.	CARDOSO, Mafalda Rodrigues	F	205435 07	Sporting Clube de Espinho	<b>3:11.04</b>	349	
	50m: 43.69 43.69	100m: 1:32.36		48.67 150m: 2:22.43	50.07 200m: 3:11.04		48.61
3.	DIAS, Margarida Figueiredo	F	133246 07	Galitos / Bresimar	<b>3:25.95</b>	278	
	50m: 48.10 48.10	100m: 1:40.97		52.87 150m: 2:34.18	53.21 200m: 3:25.95		51.77
4.	ROQUE, Emilia Birta	F	208220 07	Gafanha da Encarnação	<b>3:30.71</b>	260	
	50m: 48.17 48.17	100m: 1:41.82		53.65 150m: 2:36.97	55.15 200m: 3:30.71		53.74
5.	MARQUES, Ines Costa	F	207641 07	Campinho	<b>3:32.81</b>	252	
	50m: 48.04 48.04	100m: 1:41.60		53.56 150m: 2:37.32	55.72 200m: 3:32.81		55.49
DSQ	TAVARES, Rita Lopes	F	203613 07	Clube Desportivo Feirense			DSQ
719 - Tocou só com uma mão na parede na viragem dos 50 metros – SW 7.6							

## Infantis A

1.	TASHKULOVA, Diana	F	205568 06	Galitos / Bresimar	<b>3:04.39</b>	388	
	50m: 42.96 42.96	100m: 1:30.03		47.07 150m: 2:17.42	47.39 200m: 3:04.39		46.97
2.	OLIVEIRA, Marta Alexandra	F	129783 06	Sporting Clube de Espinho	<b>3:04.71</b>	386	
	50m: 42.85 42.85	100m: 1:30.35		47.50 150m: 2:18.62	48.27 200m: 3:04.71		46.09
3.	PINTO, Barbara Marinho	F	200066 06	Clube Desportivo Feirense	<b>3:08.04</b>	366	
	50m: 40.61 40.61	100m: 1:27.78		47.17 150m: 2:18.17	50.39 200m: 3:08.04		49.87
4.	ALMEIDA, Ines Rodrigues	F	200855 06	O Crasto	<b>3:10.15</b>	354	
	50m: 43.71 43.71	100m: 1:32.38		48.67 150m: 2:21.92	49.54 200m: 3:10.15		48.23
5.	DUARTE, Margarida Rocha	F	202418 06	Sporting Clube de Aveiro	<b>3:23.88</b>	287	
	50m: 47.02 47.02	100m: 1:38.73		51.71 150m: 2:31.70	52.97 200m: 3:23.88		52.18
6.	GOMES, Joana Silva	F	131819 06	Sporting Clube de Aveiro	<b>3:38.00</b>	235	
	50m: 48.85 48.85	100m: 1:46.55		57.70 150m: 2:43.66	57.11 200m: 3:38.00		54.34

## Juvenis B

1.	RIBEIRO, Maria Joao	F	133241 05	Clube Desportivo Feirense	<b>2:56.96</b>	439	
	50m: 38.92 38.92	100m: 1:23.50		44.58 150m: 2:10.98	47.48 200m: 2:56.96		45.98
2.	MALHEIRO, Maria Vieira	F	200590 05	Campinho	<b>3:12.17</b>	343	
	50m: 44.39 44.39	100m: 1:32.98		48.59 150m: 2:22.61	49.63 200m: 3:12.17		49.56
3.	SEQUEIRA, Leonor Ferreira	F	131567 05	Galitos / Bresimar	<b>3:17.42</b>	316	
	50m: 44.70 44.70	100m: 1:35.51		50.81 150m: 2:26.87	51.36 200m: 3:17.42		50.55

## Prova 5, Femin., 200m Bruços

### Juvenis A

1.	SIMAO, Renata Bandeira	F	129614 04	Clube Desportivo Estarreja	<b>3:04.19</b>	389		
	50m: 41.15 41.15	100m: 1:27.70	46.55 150m: 2:16.01	48.31 200m: 3:04.19	48.18			
2.	TAVARES, Mariana Silva	F	132128 04	Clube Desportivo Estarreja	<b>3:06.34</b>	376		
	50m: 42.16 42.16	100m: 1:30.78	48.62 150m: 2:20.23	49.45 200m: 3:06.34	46.11			
3.	RIBEIRO, Carolina Goncalves	F	204637 04	O Crasto	<b>3:07.71</b>	368		
	50m: 42.27 42.27	100m: 1:29.81	47.54 150m: 2:19.22	49.41 200m: 3:07.71	48.49			
4.	ABREU, Daniela Filipa	F	130906 04	Campinho	<b>3:09.32</b>	359		
	50m: 42.79 42.79	100m: 1:31.14	48.35 150m: 2:20.25	49.11 200m: 3:09.32	49.07			
5.	TAVARES, Salome Simoes	F	208219 04	Gafanha da Encarnação	<b>3:38.52</b>	233		
	50m: 50.49 50.49	100m: 1:46.64	56.15 150m: 2:43.29	56.65 200m: 3:38.52	55.23			
6.	ESTEVES, Diana Morgado	F	204380 04	Tondela	<b>3:46.18</b>	210		
	50m: 47.98 47.98	100m: 1:44.87	56.89 150m: 2:45.51	1:00.64 200m: 3:46.18	1:00.67			
7.	HENRIQUES, Carlota Sousa	F	131492 04	Tondela	<b>3:46.48</b>	209		
	50m: 49.62 49.62	100m: 1:46.63	57.01 150m: 2:46.86	1:00.23 200m: 3:46.48	59.62			

### Juniores

1.	CARDEAL, Joana Nunes	F	124752 02	Ac.Viseu	<b>2:45.06</b>	541		
	50m: 37.51 37.51	100m: 1:19.30	41.79 150m: 2:02.24	42.94 200m: 2:45.06	42.82			
2.	MELO, Maria Miguel	F	126771 02	Galitos / Bresimar	<b>2:51.52</b>	482		
	50m: 39.54 39.54	100m: 1:23.89	44.35 150m: 2:08.17	44.28 200m: 2:51.52	43.35			
3.	MARQUES, Mariana Nunes	F	126768 03	Clube Desportivo Estarreja	<b>2:58.52</b>	428		
	50m: 40.78 40.78	100m: 1:25.60	44.82 150m: 2:11.69	46.09 200m: 2:58.52	46.83			
4.	AFONSO, Dora Sequeira	F	200597 02	Campinho	<b>3:26.72</b>	275		
	50m: 46.62 46.62	100m: 1:40.29	53.67 150m: 2:34.68	54.39 200m: 3:26.72	52.04			

### Seniores

1.	RODRIGUES, Ana Pinho	F	13372 94	Sanjoanense/FEPSA	<b>2:33.75</b>	670		
	50m: 34.57 34.57	100m: 1:14.10	39.53 150m: 1:54.00	39.90 200m: 2:33.75	39.75			
2.	PINTO, Susana Ferreira	F	127975 01	Gafanha da Encarnação	<b>3:15.75</b>	324		
	50m: 45.14 45.14	100m: 1:35.36	50.22 150m: 2:25.90	50.54 200m: 3:15.75	49.85			
3.	ESTEVES, Ana Jorge	F	201419 01	Gafanha da Encarnação	<b>3:38.24</b>	234		
	50m: 50.22 50.22	100m: 1:46.04	55.82 150m: 2:42.44	56.40 200m: 3:38.24	55.80			